



# Groove A-Thon!

Dance Party - Breast Cancer Fund Raiser

\*Proceeds to benefit the Susan G. Komen 3-Day for The Cure™

**If you can move, you can Groove**

You will stomp, hip,hop, shimmy, shake and sweat your way through this dance inspired fitness class. Move to a variety of dance styles including Disco, Club, Hip Hop, Jazz, Latin and more!

**Date: Sunday May 2<sup>nd</sup>, 2010**

**Time: 3:00 p.m. – 6:00 p.m.**

**Place: Global Fitness new fitness room**

**215 Hamilton Street**

**Leominster, Ma 01453**

Collect \$50 or more in donations receive an entry to:

**Win Justin Bieber &  
Jordin Sparks Tickets !!**

\$20 minimum donation to participate and win other great prizes

Checks can be made payable to "SGK 3-day FTC".

RSVP, Julie Quirk 508-361-1187 [j.jquirk@comcast.net](mailto:j.jquirk@comcast.net)



\*Julie Quirk and members of **The Cup Crusaders** will be walking 60 miles into Boston this July to help raise awareness and critically necessary funds to find a cure for breast cancer.



\*\*To learn more about *The Cup Crusaders*, a local team of dedicated walkers participating in the 3 Day or to make a donation to a team member, please visit us at: [www.cupcrusaders.com](http://www.cupcrusaders.com)